

**Brochure and course
content along with
CLOs of value-added
courses in Academic
Session 2019-20**



BIYANI GIRLS B.ED. COLLEGE

Date: 11-12--2019

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Certificate course in dance " from 6-Jan 2020. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

Principal
Biyani Girls B.Ed College
Jaipur


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CERTIFICATE COURSE IN DANCE

Dance Your Way to Success!

Duration-
December to January
2019-2020

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Cordinator
Ms. Neelam Kumari

Co-cordinator
Ms. Pinky Saini



BIYANI GIRLS B.E.D COLLEGE, JAIPUR

Certificate Course on Dance

2019-2020

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
CD-01	Dance	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I


General perspective of Dance and its Methodology.


Unit II

Methodology specific to the area of Bharatanatyam.

Unit III

General information and informatics to the area of Bharatanatyam.


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Biyani Girls B.Ed. College

Programme: B.Ed. Second Year

Course Name: Certificate course in dance

CO	Course Outcomes	Bloom's Level
CO1	Students will be able To understand fundamental dance technique such as posture, alignment, balance, coordination, and rhythm.	1
CO2	To understand the different paradigm of dance. To understand the different types of dance.	2
CO3	To Learn choreography principles and techniques for instance composition, spatial arrangement, transitions, musicality.	3
CO4	To Analyze the cultural diversity of dance traditions and styles.	4

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BIYANI GIRLS B.ED. COLLEGE

Date: 11-12--2019

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Basics of Dramaics " from 6-Jan 2020.Give your name to your respective class In-charge.


Dr. Ekta Pareek

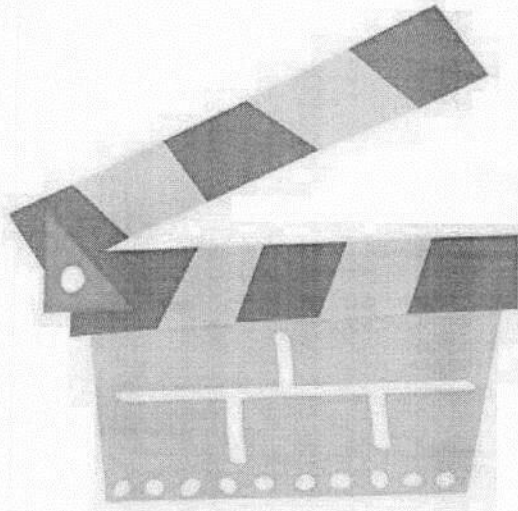
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Basics of Dramatics

Unleash Your Acting Potential!

Duration-
December to January
2019-2020

Cordinator
Ms. Neelam Kumari


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Ms. Pinky Saini



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Certificate Course on Basics of Dramatics 2019-2020

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
BD01	Basics of Dramatics	35 Hrs.	50 Marks.

Note: This certificate course is divided into three units. Two questions will be set from each unit. Students are required to attempt three questions in all taking one question from each unit. Each unit carries equal marks.

Unit I

Introduction to The Form of Drama

A. Drama as an integrated and inter – disciplinary at form. Drama & Religion, Drama & other arts. Drama and other forms of literature: Drama & Novel, Drama & Poetry.

B. Elements of Drama:

1. Western – Theme, Plot, Character, Diction etc.
2. Indian – Vastu, Gana, Abhinaya, Rasa.

Unit II

Various forms of Drama

A. Various forms of western drama - Tragedy, Comedy, Melodrama,

B. Farce, Tragic-comedy Greek Tragedy and Comedy.

Unit III

Introduction to Regional Theatre- Gujarati

A. A study of origin, development and fall of old Professional Gujarati Theatre.

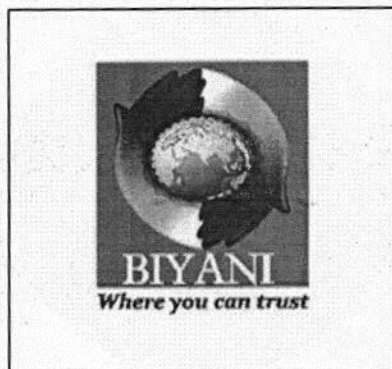
B. Study of any play of the masters of the Golden era of Old Professional Gujarati Theatre.

References:-

- Theory of Drama by A.Nicoll; Natya Kala by Dhirubhai Thakar; Natya lekhan by Dhananjay Thakar;
- Natak desh videsman by Hasmukh Baradi; Gujarati theatre no Itihas by Baradi Hasmukh
- Gujrati natak by Satish Vyas; Sanskrit Natya Siddhant by Ramakant Tripathi
- Hindi Natak Udbhav aur Vikas by Dr.Dashrath Oza

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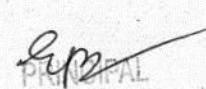


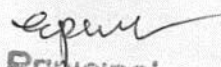
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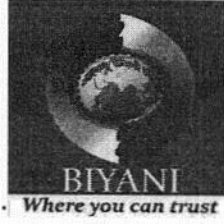
Programme: B.Ed

Course Name: Basic of Dramatics

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To get acquainted with the Meaning, Basic concepts, purpose and significance of Dramatics.	1
CO2	To understand the different paradigm of dramatics. To Understand dramatic elements such as plot, character, setting, dialogue, and theme.	2
CO3	To Develop performance skills like Characterization, emotional expression, ensemble work and explore dramatic forms known as tragedy, comedy, farce, melodrama, etc.	3
CO4	To analyze dramatic techniques for instance staging, blocking, movement, voice, and gesture.	4
CO5	To evaluate dramatic texts for example plays, scripts, screenplays, interpreting themes and cultural contexts.	5
CO6	To Create and direct performances like Collaborat to produce compelling theatrical experiences.	6


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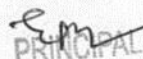
NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Basics of Martial Arts " from 5-Jan 2021. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

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Biyani Girls B.Ed. College
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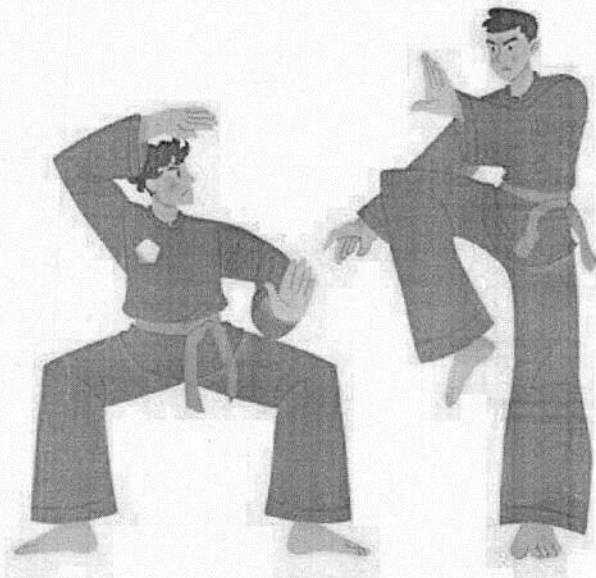

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Date: ~~14-12-2020~~



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Basics of Martial Arts

Duration-
December to January
2019-2020

Cordinator
Mr. Rajendra Singh
Shekhawat

e.m.
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Co-cordinator
Ms. Shweta Jain



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Certificate Course on Basic of Martial Art 2019-2020

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
BMA03	Basic of Martial Art	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I KARATE-DO

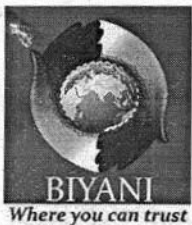
- Feet together, close toe stance
- Feet together, open toe stance
- Parallel stance
- Haiko Dachi toe inward
- Haiko Dachi toe outward
- Square stance (sitting on Horse stance toe outward)
- Forward short stance
- Forward long stance
- Back stance
- Cat stance
- L stance, heel on one line
- Crossed leg stance
- One leg - Crane Stance
- Uchihachiji Dachi one step forward
- Forward parallel stance

Unit II Kicks

- Front Knee attack
- Jump Knee attack
- Side, knife edge, lower area (knee level) kick
- Roundhouse, instep, middle area kick
- Crescent Kick
- Half Round (hook)
- Jump Half Round
- Back Round (hook)
- Jump Spinning Round (hook)
- Side, knife edge, middle area kick
- Jumping Side Kick
- Front Kick

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- Jumping Front Kick
- Back Thrust
- Jumping Back Thrust
- Front and roundhouse kick.

Unit III Blocks

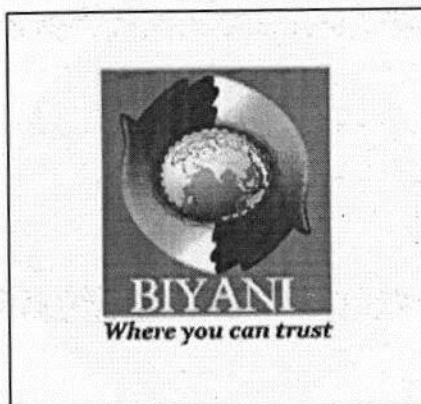
- Rising block
- Upper Block
- Forearm inward block
- forearm outward block
- Two arm circle block
- Crossed arms block
- Back of hand block
- Wrist block
- Inside out, circle block with knife edge of hand
- Forearm outward side block
- Middle area downward
- Palm heel block
- Elbow block
- Sword hand block
- Downward block (when standing)

References:-

- Zen in the Martial Arts (Paperback)
by Joe Hyams
- Taekkyeon: Creation, History and Evolution
by Len Losik
- Principles-Based Instruction for Self-Defense
by Rory Miller
- Meditations on Violence: A Comparison of Martial Arts Training & Real World Violence
by Rory Miller
- Taekwondo: A Practical Guide to the World's Most Popular Martial Art
by Bill Pottle
- You Have Infinite Power: Ultimate Success through Energy, Passion, Purpose the Principles
of Taekwondo by Chris Berlow

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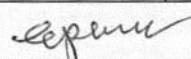


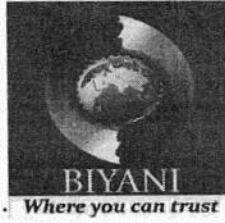
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Programme: B.Ed
Course Name: Basic of Martial Arts

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To Understand Martial Arts principles, philosophies, and historical development.	1
CO2	To understand the different paradigm of Martial Arts. To understand the different forms of Martial Arts. To Understand the challenges during Martial Arts training.	2
CO3	To apply Martial Arts principles to enhance confidence and assertiveness in various life situations.	3
CO4	To Learn and practice basic Martial Arts techniques, including stances, strikes, blocks, kicks, and forms.	4
CO5	To explore the cultural and ethical aspects of Martial Arts traditions and develop practical self-defense skills and strategies for personal safety.	5
CO6	To cultivate discipline, focus, self-control, and mental resilience.	6


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Date: 11-12--2019

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Memory enhancement Programme " from 6-Jan 2020. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

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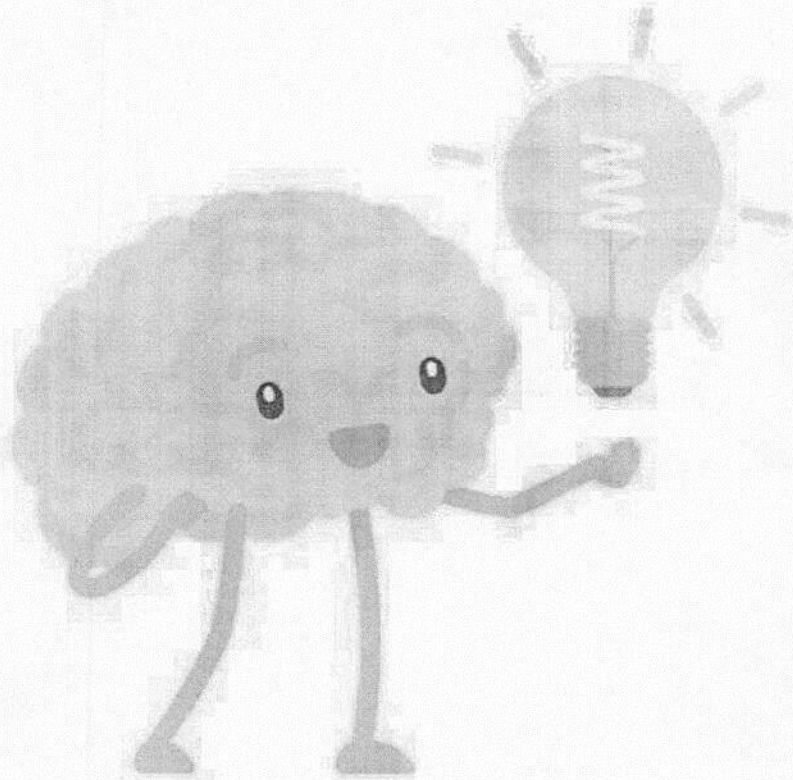

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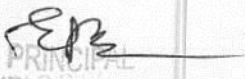
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Memory Enhancement Program

Duration-
December to January
2019-2020

Cordinator
Mr. Rajendra Singh
Shekhawat


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Co-cordinator
Ms. Shweta Jain



BIYANI GIRLS B.ED. COLLEGE, JAIPUR

Certificate Course on Memory Enhancement Programme

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
MEP02	Memory Enhancement Programme	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

A Introduction to the Memory

- What Are The Different Types Of Memory Systems
- Our Eidetic Memory System
- The Effectiveness And Importance Of Our Visual Memory
- What Is Our Short Term Memory
- What Is Our Long Term Memory

Unit II

The Ultimate Formulas and systems to Improve your Memory and Cognitive Ability

- The Ultimate Memory Optimization System: Mnemonic Devices
- Tip Of My Tongue - A Recalling System
- The Peg System And Formula For Memory Improvement
- Cramming As A Detrimental System To Our Memory
- Event Based Memory Formula
- Using Effective Memory Improvement Tools
- Using Imagery And Shapes To Enhance Our Memory
- The Effect Of Learning On Our Memory System
- Linguistic Programming For Memory Improvement

Unit III

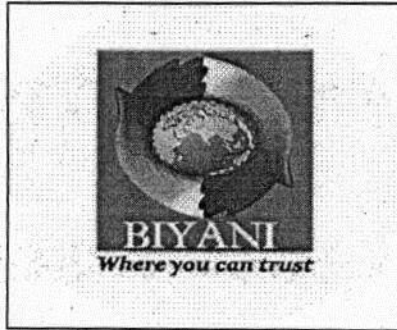
Improving and optimizing our Memory, Storage, and Recalling Ability

- What Kind Of Food Can Harm Our Memory?
- What To Eat To Improve Your Memory
- Creativity And Its Link To Our Memory
- The Benefits Of Mindfulness And Cognitive Clearance
- Musical Therapy For Memory Stimulation

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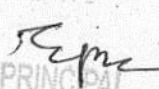


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Programme: B.Ed

Course Name: Memory enhancement program

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To Understand memory processes like encoding, storage, and retrieval.	1
CO2	To understand the different paradigm of memory enhancement. To understand the different types of memory. To Understand the challenges during memory enhancement	2
CO3	To Apply memory techniques to academic tasks for instance remembering information, retaining course content.	3
CO4	To Analyze memory enhancement strategies known as mnemonic devices, visualization, rehearsal, chunking.	4
CO5	To evaluate memory performance, Identify strengths and weaknesses, implement	5
CO6	To Improve study skills, time management, organization, active engagement, self-testing.	6


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