

**Brochure and course
content along with
CLOs of value-added
courses in Academic
Session 2022-23**




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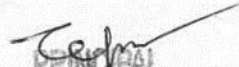
Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Yoga and Meditation " from 3-Jan 2023. Give your name to your respective class In-charge.


Dr. Ekta Pareek
Principal

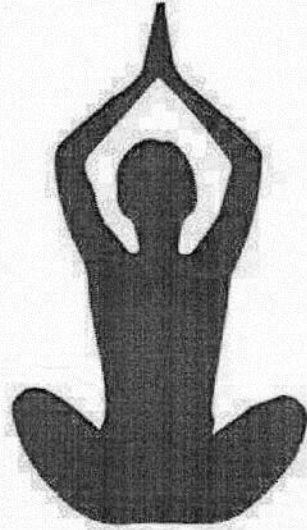
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Yoga and Meditation

“Discover Serenity Within: Elevate Your Mind,
Body, and Soul with Yoga and Meditation!”

Duration-

December to January

2022-2023

Cordinator

**Dr. Sunita kumari
Sharma**

Co-cordinator

Ms. pushpa kumawat

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BIYANI GIRLS B.ED. COLLEGE, JAIPUR

2022-23

Certificate Course on Yoga & Meditation

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.

CYM-11

Paper Name

Yoga & Meditation

Duration

35 Hrs.

Max. Marks

50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

Foundation of Yoga Therapy

- Meaning, definition, importance and utility of yoga.
- Asana, pranayam, mudra and meditation.

Unit II

Patanjali Yoga Philosophy and Physiology or Medicine

- Patanjali Yoga Darshan
- Digestive System
- Excretory System
- Nervous System
- Endocrine System
- The Respiratory System
- Cardiovascular System

Unit III

Treatment for common diseases

- Diabetes And Obesity Related Disorders and Treatment
- Stress Related Disorders and Treatment
- Menstrual Cycle Disorders and Treatment
- Respiratory Disorders and Medical Treatment

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Value Added Course

Course Name: Yoga and Meditation

CO	Course Outcomes
	Students will be able
CO1	. Students will be able to recall the foundational principles, meaning, and definition of yoga therapy, recognizing its importance in promoting holistic health.
CO2	Students will be able to explain various Yoga Asanas, Pranayama techniques, Mudras, and Meditation practices.
CO3	Students will be able to understand their utility in addressing Physical, Mental, and Emotional health challenges.
CO4	Students will be able to Develop a comprehensive understanding of the principles outlined in Patanjali's Yoga Sutras, relating them to the practice and philosophy of yoga therapy.
CO5	Students will be able to describe Acquire knowledge of the digestive, excretory, nervous, endocrine, respiratory, and cardiovascular systems, and understand how yoga and meditation can positively influence these systems.
CO6	Student will be able to apply the knowledge how yoga and meditation can be utilized in the management and prevention of disorders such as diabetes, obesity, stress-related issues, respiratory disorders, and menstrual cycle irregularities.
CO7	Students Will be able to apply various techniques within yoga and meditation that effectively alleviate stress and promote mental well-being.
CO8	Students will be able to do various yoga Asana , Pranayam , Meditation and Mindful practices

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Date: 15-12--2022


NOTICE

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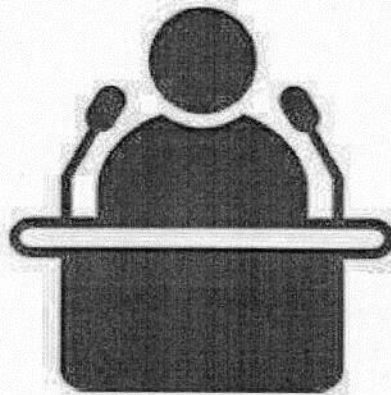
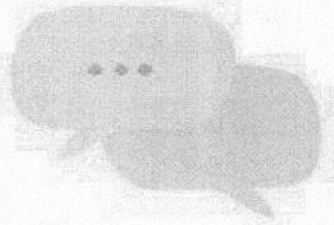
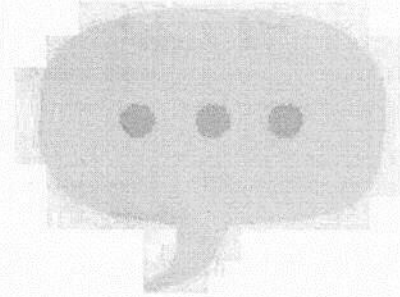
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Public Speaking

**“Unlock Your Voice: Master the Art of
Public Speaking!”**

Duration-

December - January

2022-2023


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Cordinator

**Dr. Sunita kumari
Sharma**

Co-cordinator

Ms. pushpa kumawat



BIYANI GIRLS B.ED. COLLEGE, JAIPUR

2022-23

Certificate Course on Public Speaking

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
PS-01	Public Speaking	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

Introduction to Public Speaking

- Welcome to Public Speaking
- Objectives, Outline, and Introduction
- Benefits of Public Speaking
- Models of Communication
- Elements of the Communication Process
- Types of Speeches and Speaking Occasions
- Speaking Competencies

Unit II

Informative Speaking

- Objectives, Outline, and Introduction
- Functions of Informative Speeches
- Role of Speaker
- Types of Informative Speeches
- Developing Informative Speeches

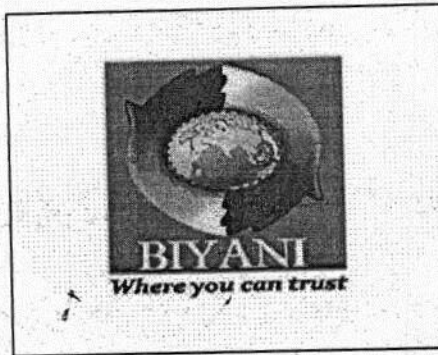
Unit III

Listening Effectively:-

- Video: Selecting a Topic
- Objectives, Outline, and Introduction
- Hearing Versus Listening
- The Value of Listening
- Three A's of Active Listening
- Barriers to Effective Listening
- Strategies to Enhance Listening
- Providing Feedback to Speakers
- Encouraging Effective Listening

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Programme: B.Ed
Course Name: Public Speaking

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To Understand the principles, techniques, and strategies of effective public speaking.	1
CO2	To understand the different paradigm of Public Speaking To understand the various methods of Public Speaking. To Understand the challenges of Public Speaking.	2
CO3	To develop speaking skills, including voice projection, articulation, pacing, and modulation and utilize visual aids effectively, such as slides and multimedia presentations.	3
CO4	To Enhance listening skills to better understand audience needs and feedback also to Learn effective techniques for handling questions and interactions during speeches.	4
CO5	To organize speech content effectively with introductions, main points, and conclusions.	5
CO6	To Practice ethical communication principles in speech preparation and delivery.	6

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Date: 15-12--2022


NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Disaster Management " from 3-Jan 2023. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

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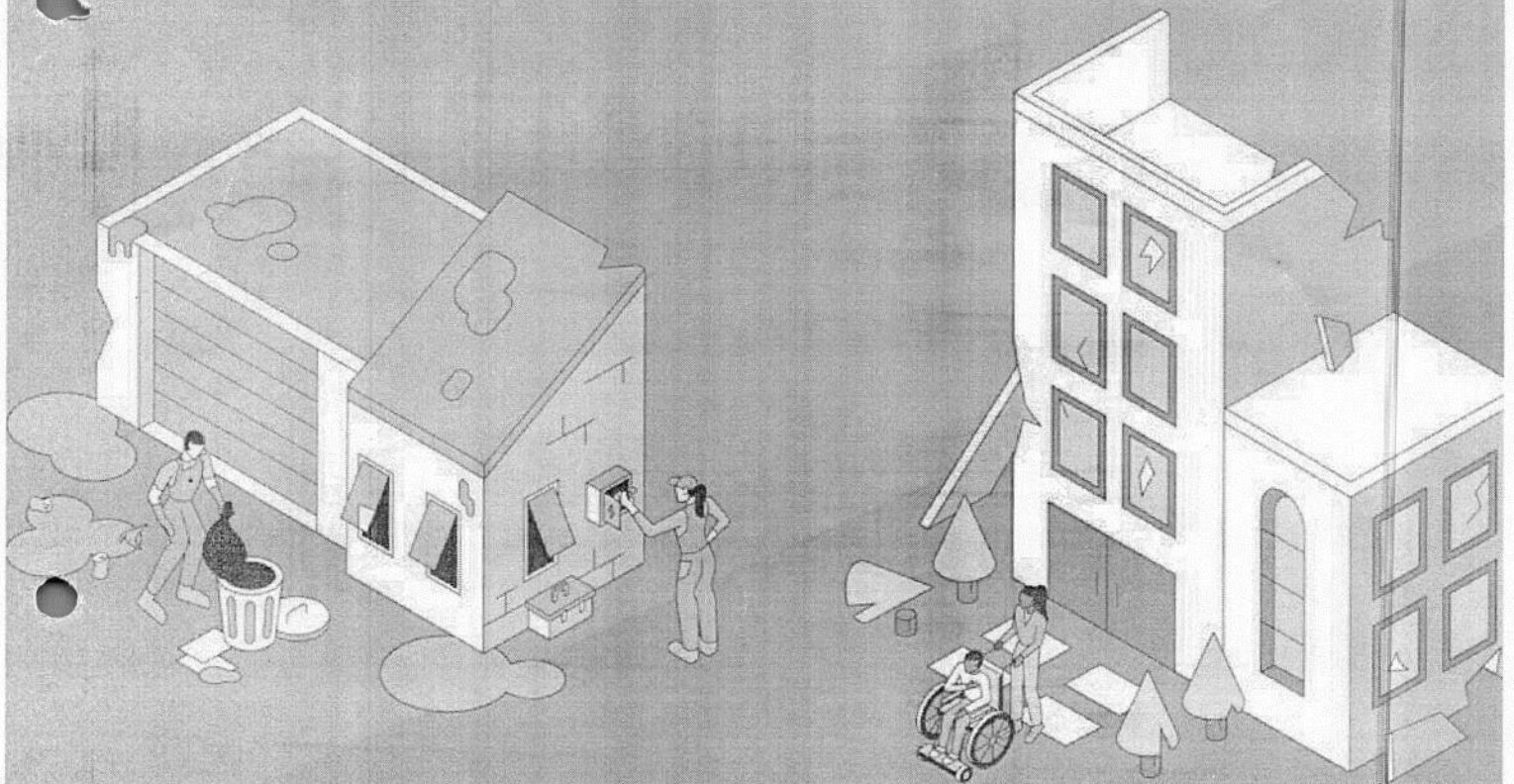

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DISASTER MANAGEMENT



Duration-
December - January
2022-2023

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Cordinator

Dr.Sunita Kumari Sharma

Co-Cordinator

Ms. Pushpa Kumawat



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2022-23

Certificate Course on Disaster Management

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
DM-13	Disaster Management	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

Definition and types of disaster

Hazards and Disasters, Risk and Vulnerability in Disasters, Natural and Man-made disasters, Earthquakes, floods drought, landside, land subsidence, cyclones, volcanoes, tsunami, avalanches, global climate extremes. Man-made disasters: Terrorism, gas and radiations leaks, toxic waste disposal, oil spills, forest fires.

Unit II

Study of Important disasters

Earthquakes and its types, magnitude and intensity, seismic zones of India, major fault systems of India plate, flood types and its management, drought types and its management, landslide and its management case studies of disasters in Sikkim (e.g) Earthquakes, Landside). Social Economics and Environmental impact of disasters.

Unit III

Mitigation and Management techniques of Disaster

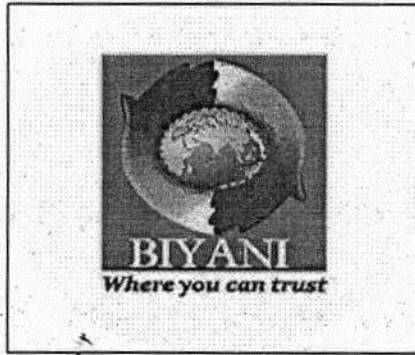
Basic principles of disasters management, Disaster Management cycle, Disaster management policy, National and State Bodies for Disaster Management, Early Warning Systems, Building design and construction in highly seismic zones, retrofitting of buildings.

References:-

1. Disaster Management Guidelines, GOI-UND Disaster Risk Program (2009-2012)
2. Damon, P. Copola, (2006) Introduction to International Disaster Management, Butterworth Heineman.
3. Gupta A.K., Niar S.S and Chatterjee S. (2013) Disaster management and Risk Reduction, Role of Environmental Knowledge, Narosa Publishing House, Delhi.
4. Murthy D.B.N. (2012) Disaster Management, Deep and Deep Publication PVT. Ltd. New Delhi.

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Course Name: Disaster Management

Class- B.Ed

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To get acquainted with the Meaning, Basic concepts, different types and the impacts of disaster.	1
CO2	To understand the different paradigm of Disaster Management. To understand the different types of Disaster. To Understand the challenges of Disaster Management	2
CO3	To Learn principles and practices of disaster response and relief operations also to demonstrate skills in providing psychological first aid and emotional support to disaster survivors.	3
CO4	To analyze the ethical and legal aspects of disaster management.	4
CO5	To evaluate the effectiveness of disaster management strategies.	5
CO6	To coordinate with relevant stakeholders for effective disaster management.	6

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Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled “Principles and deals of Geeta and Gandhism “ from 3-Jan 2023. Give your name to your respective class In-charge.

E. Pareek
Dr. Ekta Pareek

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गीता

Principles and Deals of Gita and Gandhism

Explore Spiritual Wisdom

Duration-
December - January
2022-2023

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Sharma

Co-cordinator
Ms. Pushpa kumawat



BIYANI GIRLS B.ED. COLLEGE, JAIPUR

2022-23

Certificate Course on Principles and Ideals of Geeta and Gandhism

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
PIGG-01	Principles and Ideals of Geeta and Gandhism	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

Important Gandhian Philosophies

1. Truth and Non Violence: - Gandhi's Opinion On The Non-Violent Way
2. Satyagraha
3. Sarvodaya :- Objects Of The Sarvodaya Movement, Principles Of The Sarvodaya
4. Swadeshi:- The Message Of The Charkha
5. Trusteeship

Unit II

The relevance of Gandhian Philosophy in Modern Times

1. Economics
2. Environment
3. Administration
4. International

Unit III

Seven Social Sins by Mahatma Gandhi

1. Wealth without Work
2. Pleasure without Conscience
3. Knowledge without Character
4. Commerce (Business) Without Morality (Ethics)
5. Science without Humanity
6. Religion without Sacrifice
7. Politics without Principle

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Programme: B.Ed. Course Name: Principles and Ideals of Gita and Gandhism

CO	Course Outcomes	Bloom's Level
CO1	Students will be able to understand the philosophical foundations of the Bhagavad Gita and Gandhism.	1
CO2	To understand the different paradigm of Bhagavad Gita and Gandhism. To understand the different teachings of Bhagavad Gita. To Understand the moral values of Gandhism.	2
CO3	To apply ethical leadership principles inspired by the Bhagavad Gita and Gandhism also the relevance of these principles in personal and societal ethics.	3

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Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Cyber security " from 3-Jan 2023. Give your name to your respective class In-charge.

E.P.
Dr. Ekta Pareek

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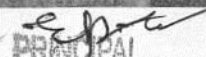


CYBER SECURITY

Duration-
December - January
2022-2023

Cordinator
Ms. Sunita Sharma

Co-Cordinator
Ms. Sarita Sharma

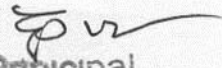

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Course Outline

Table 1. Cybersecurity Essentials 1.1 Course Outline

Chapter/Section	Goals/Objectives
Chapter 1. Cybersecurity: A World of Experts and Criminals	Describe the characteristics of criminals and experts in the cybersecurity world.
1.1 The Cybersecurity World	Describe the common characteristics comprising the cybersecurity world
1.2 Cyber Criminals versus Cybersecurity Specialists	Differentiate the characteristics of cyber criminals and cybersecurity specialists.
1.3 Common Threats	Compare how cybersecurity threats affect individuals, businesses, and organizations.
1.4 Spreading Cybersecurity Threats	Describe the factors that lead to the spread and growth of cybercrime.
1.5 Creating More Experts	Describe the organizations and efforts committed to expanding the cybersecurity workforce.
Chapter 2. The Cybersecurity Cube	Describe how the principles of confidentiality, integrity, and availability as they relate to data states and cybersecurity countermeasures.
2.1 The Three Dimensions of the Cybersecurity Cube	Describe the three dimensions of the Cybersecurity Cube (McCumber Cube).
2.2 CIA Triad	Describe the principles of confidentiality, integrity, and availability.
2.3 States of Data	Differentiate the three states of data.
2.4 Cybersecurity Countermeasures	Compare the types of cybersecurity countermeasures.
2.5 IT Security Management Framework	Describe the ISO Cybersecurity Model
Chapter 3. Cybersecurity Threats, Vulnerabilities and Attacks	Describe the tactics, techniques and procedures used by cyber criminals.
3.1 Malware and Malicious Code	Differentiate the types of malware and malicious code.
3.2 Deception	Compare the different methods used in social engineering.
3.3 Attacks	Compare different types of cyberattacks.
Chapter 4. The Art of Protecting Secrets	Describe how technologies, products and procedures are used to protect confidentiality.
4.1 Cryptography	Explain how encryption techniques protect confidentiality.
4.2 Access Controls	Describe how access control techniques protect confidentiality.
4.3 Obscuring Data	Describe the concept of obscuring data.

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Chapter 5. The Art of Ensuring Integrity	Describe how technologies, products and procedures are used to ensure integrity.
5.1 Types of Data Integrity Controls	Explain processes used to ensure integrity.
5.2 Digital Signatures	Explain the purpose digital signatures.
5.3 Certificates	Explain the purpose digital certificates.
5.4 Database Integrity Enforcement	Explain the need for database integrity enforcement.
Chapter 6. The Five Nines Concept	Describe how technologies, products, and procedures provide high availability.
6.1 High Availability	Explain the concept of high availability.
6.2 Measures to Improve Availability	Explain how high availability measures are used to improve availability.
6.3 Incident Response	Describe how an incident response plan improves high availability.
6.4 Disaster Recovery	Describe how disaster recovery planning plays an important role in implementing high availability.
Chapter 7. Protecting a Cybersecurity Domain	Explain how cybersecurity professionals use technologies, processes and procedures to defend all components of the network.
7.1 Defending Systems and Devices	Explain how processes and procedures protect systems.
7.2 Server Hardening	Explain how to protect servers on a network.
7.3 Network Hardening	Explain how to implement security measures to protect network devices.
7.4 Physical and Environmental Security	Explain how physical security measures are implemented to protect network equipment.
Chapter 8. Becoming a Cybersecurity Specialist	Explain the purpose of laws related to cybersecurity.
8.1 Cybersecurity Domains	Describe how cybersecurity domains are used within the CIA triad.
8.2 Understanding the Ethics of Working in Cybersecurity	Explain how ethics provide guidance.
8.3 Next Step	Explain how to take the next step to become a cybersecurity professional.



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Europe Headquarters
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Cybersecurity Essentials 1.1 Scope and Sequence

Last updated 22 August 2018

Target Audience

The *Cybersecurity Essentials 1.1* course is designed for students who are interested in pursuing more advanced studies in the field of cybersecurity. This preparatory course provides with an overview of the cybersecurity field. The curriculum explores the characteristics of and tactics used by cyber criminals. It then delves into the technologies, products, and procedures cybersecurity professionals use to combat cybercrime. The curriculum is appropriate for students at many education levels and types of institutions, including high schools, secondary schools, universities, colleges, career and technical schools, and community centers.

Prerequisites

For proper skill building, the students should be familiar with the content and skills described in the prerequisite course:

- Introduction to Cybersecurity 1.1

Target Certifications


There are no target certifications for this course

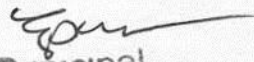
Curriculum Description

The course has many features to help students understand these concepts:

- Rich multimedia content, including interactive activities, videos, games, and quizzes, addresses a variety of learning styles and help stimulate learning and increase knowledge retention
- Hands-on labs and Packet Tracer simulation-based learning activities help students develop critical thinking and complex problem solving skills
- Innovative assessments provide immediate feedback to support the evaluation of knowledge and acquired skills
- Technical concepts are explained using language that works well for learners at all levels and embedded interactive activities break up reading of the content and help reinforce understanding
- The curriculum encourages students to consider additional IT education, but also emphasizes applied skills and hands-on experience

Cisco Packet Tracer activities are designed for use with Packet Tracer 6.3 or later.


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Curriculum Objectives

Cybersecurity Essentials 1.1 covers foundation knowledge and essentials skills in all security domains in the cyber world - information security, systems security, network security, mobile security, physical security, ethics and laws, related technologies, defense and mitigation techniques use in protecting businesses.

Upon completion of the *Cybersecurity Essentials 1.1* course, students will be able to perform the following tasks:

- Describe the characteristics of criminals and experts in the cybersecurity world.
- Describe how the principles of confidentiality, integrity, and availability as they relate to data states and cybersecurity countermeasures.
- Describe the tactics, techniques and procedures used by cyber criminals.
- Describe how technologies, products and procedures are used to protect confidentiality.
- Describe how technologies, products and procedures are used to ensure integrity.
- Describe how technologies, products, and procedures provide high availability.
- Explain how cybersecurity professionals use technologies, processes and procedures to defend all components of the network.
- Explain the purpose of laws related to cybersecurity.

Minimum System Requirements

For the best learning experience, we recommend a typical class size of 12 to 15 students and a ratio of one Lab PC per student. At most, two students can share one Lab PC for the hands-on labs. Some lab activities require the student Lab PCs to be connected to a local network.

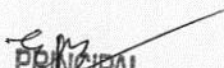
Lab PC Hardware Requirements

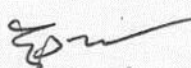
- Computer with a minimum of 2 GB of RAM and 8 GB of free disk space
- High speed Internet access to download Oracle VirtualBox and the virtual machine image file

Curriculum Overview

Cybersecurity Essentials 1.1 helps students:

- Understand the players in the cybersecurity world and the motivation of cyber criminals and cybersecurity specialists.
- Learn to identify security attacks, symptoms, processes, and countermeasures.
- Learn foundational knowledge in various security domains.
- Build skills in security management, controls, protection, and mitigation technologies.
- Learn security laws, ethics, and how to develop security policies.
- Learn the roles of different cybersecurity professionals and career options.


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Date: 17-12--2021


NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Re-Imagine Education Program and its beneficiary course " from 10-Jan 2022. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

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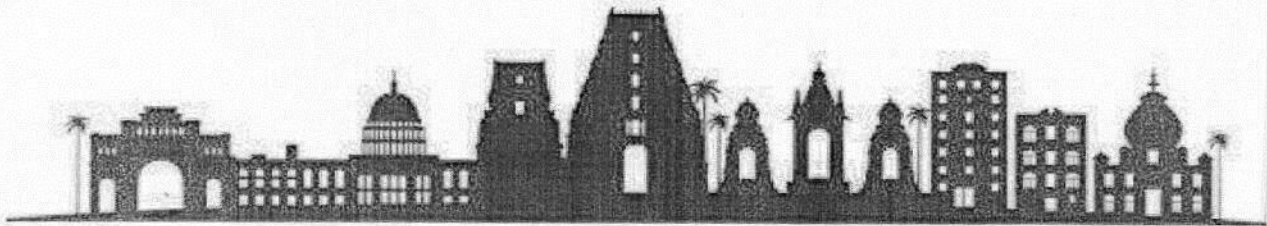

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REIMAGINE INDIA



Duration-
December - January
2022-2023


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SEC-3, VIDHYADHAR NAGAR, JAIPUR

Cordinator
Ms. Sunita Sharma

Co-cordinator
Ms. Sarita Sharma

Report

RE-IMAGINE EDUCATION TEACHER LEARNING CENTER

July 2023

RE-IMAGINE
EDUCATION
TEACHER
LEARNING
CENTER

July 2023
Presented by

Sameer Nainawat

SP
Principal
Bijulni Girls B.Ed. College
Jaipur




ASHVATTHA
LEARNING COMMUNITIES

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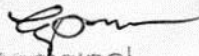
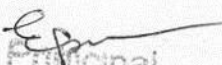

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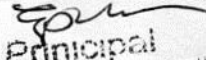
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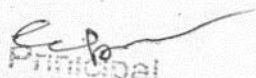
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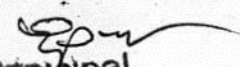

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PROGRAM OVERVIEW

The Re-Imagine Education Teacher Learning Center program is an effort to reimagine the current system of education by establishing centers at the teacher training institute with a student-centered learning approach and making the learners of today, teachers of tomorrow by equipping them with 21st-century skills.

Innovations in pre-service teacher education are the unexplored levers of change that can drastically improve the quality of our education system in the long run. Since we want our next generation to be equipped with 21st-century skills, it is essential that our teachers are prepared to teach in this new education paradigm. This program focuses on building foundational skills which form the basis of higher-order 21st-century skills like critical thinking, problem-solving, digital fluency, empathy, and collaboration.

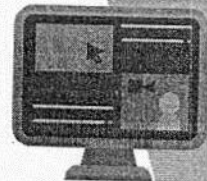

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OBJECTIVES

1. Build partnerships with Teacher Training Institutes to understand each stakeholder and the system through which a student-teacher goes through during the learning phase.
2. Pilot our three self-paced courses English for Educators, Technology in Education, and Learning Teaching Evaluation, designed to enhance the classroom understanding of student-teachers in real-life classroom situations.
3. Build the capacity of the student-teachers to lead conversations and action on the issues related to themselves and the education in their schools and communities.
4. Connect B.Ed., D.El.Ed and M.Ed. students to internship opportunities and assist in the placement of trained students by conducting preparation workshops, connecting with relevant organizations, learning about online tutoring apps, etc.



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PROGRAM STRUCTURE

This program is an attempt in the direction of holistic development of the pre-service students. The program consists of four components as mentioned:

1. Shikshak Chaupal
2. Blended Learning Courses
3. Exposure programs
4. Field Internships

Shikshak Chaupal is a discussion and training forum on education led by student-teachers and co-designed by us. Students build nuanced perspectives on education and work on their confidence, community, and communication skills.

Duration: 1 hr per week



Glimpses of Shikshak Chaupal on how we learn

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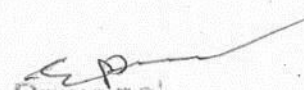
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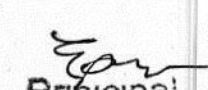
COLLEGE PARTNERSHIPS

Sr. No.	College Name	Address	Principal
1	Biyani Girls B.Ed. College	Sector -3 Vidhyadhar Nagar, Jaipur	Dr. Ekta Pareek
2	Maharshi Dayanand B.Ed. College	Barf Khana, Jawahar Nagar Rd, Jaipur	Dr. Sunita Bhatia
3	Sri Balaji T.T. College	Macheda, Benad Road, Jaipur	Dr. Seema Dayma
4	Sneh T.T. College	Muhana, Sanganer, Jaipur	Dr. Swati Joshi

1. Biyani Girls B.Ed. College

BGBC (Biyani Girls B.Ed. College) is run by Biyani Shiksha Samiti in Jaipur since 2006. ALC partnered with the BGBC to implement the program with the students of B.ED., M.Ed., and D.El.Ed courses. A demonstration of the session was conducted with the M.Ed. students in the college before signing the MOU (Memorandum of Understanding). After the first orientation 110 students registered for the program, out of which 59 students were selected, 26 from B.Ed. 1st year, 27 from B.Ed. 2nd year and 5 from D.El.Ed. course for the two batches of Shikshak Chaupal and Blended learning courses. The program was paused on 19th June 2022 after the second batch of the blended learning courses due to examinations.


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मेरा नाम नैना असनानी है, मैं सबसे पहले धन्यवाद करूँगी जर्नी मैटर्स और अश्वत्थ लर्निंग कम्युनिटीस का | जर्नी मैटर्स के साथ हमारी इंटरशिप बेहद अच्छी रही, उसमें हमने 'अ' से 'ज्ञ' तक के अनेक भावों के बारे में जाना और साथ में बनाये भी, जिससे 3 साल से ऊपर के बच्चे जब पढ़ना शुरू करते हैं तब वे अपने भावनाओं को समझ सके महसूस कर सके तथा वो सवाल जो उनके मन में चल रहे हैं वे जान सकें | इसके अंतर्गत हमने काफी बच्चों से बात भी करी और उनके भाव जानने की कोशिश करी ताकि हम 'अ' से 'ज्ञ' तक भावनाओं की आसान परिभाषा व अलग अलग परिस्थियाँ बनायीं | हमने इस इंटरशिप के दौरान बच्चों के बारे में बहुत कुछ जाना खास कर उनकी भावनाओं के बारे में जो हमें पहले नहीं पता थी | जर्नी मैटर्स की दृष्टि मैम ने इसमें हमारी बहुत मदद की

Video Link - <https://bit.ly/3PF4lpT>

- **Naina Asnani** (2nd Year Sanjay T.T. College, Jaipur)

PROGRAM OUTPUT

- Approximately ~450 students participated in offline orientation sessions conducted across 4 colleges.
- 335 students registered for the Ashvattha Re.Ed. TLC program across 4 colleges.
- Approximately ~128 students were enrolled in shikshak chaupal across 3 colleges.
- 58 students from Biyani Girls B.Ed. College were enrolled in two blended courses in the first batch of Technology in Education and English for Educators
- A total of 178 students were enrolled in all the blended courses in the second batch of Technology in Education and English for Educators and the first batch of Learning Teaching Evaluation from Shri Balaji Teacher Training Institute and Biyani Girls B.Ed. College.
- 14 Mazedar Guruwar was conducted at Biyani Girls B.Ed. College in both the blended courses in the first batch.
- Across all the Mazedar Guruwar student attendance is ~180.
- A total of 18 offline and online Shikshak Chaupal were conducted across 4 colleges.
- One internship partnership with Journey Matters in which 3 B.Ed. students participated.

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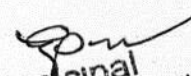
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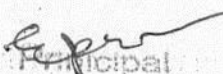


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PROGRAM OUTCOME

- 68% of participants completed the course and received a certificate for Technology in Education.
- 58.33% of participants completed the course and received a certificate for English for Educators.
- In the second batch of blended courses-
 - Learning Teaching Evaluation: 7.41% participants completed between 25-75%, 18.52% participants completed the course less than 25% and 74.07% did not start the course.
 - Technology in Education: 42.86% participants completed the course less than 25% and 57.14% did not start the course.
 - English for Educators: 10.58% participants completed the course more than 75%, 8.65% participants completed the course between 25-75%, 16.35% participants completed the course less than 25% and 64.42% did not start the course.
- A total of 8 students took the lead and conducted Shikshak Chaupal.


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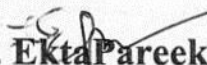


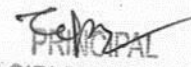
BIYANI GIRLS B.ED. COLLEGE

Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Guidance and Counselling " from 3-Jan 2023. Give your name to your respective class In-charge.

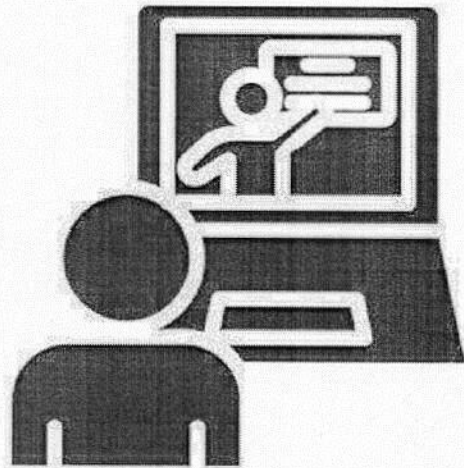

Dr. Ekta Pareek
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Guidance and Counselling

Duration-
December - January
2022-2023

Cordinator
Dr. Bharti Sharma


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Co-cordinator
Mr. Virendra kumar



**BIYANI GIRLS B.ED. COLLEGE
CERTIFICATION COURSE**

SESSION 2021-22

Duration : 35 Hrs.

M.M. : 60

GUIDANCE AND COUNSELING

Learning Outcomes

1. To develop understanding of bases meaning need and type of guidance.
2. Understand the concepts and differences between guidance and counseling.
3. To develop understanding of stages of counseling.
4. To get acquainted with process and techniques of counseling.
5. Develop understanding about the role of school in guidance.
6. To develop the basic understanding about the skills used for appropriate guidance.

Syllabus

1. **Guidance and Counseling-**
 - **Guidance** - Objectives, principles, area for guidance need of guidance.
 - **Counseling** - Objectives, goals, scope, characteristics difference between guidance and counseling.
2. **Stage of Counseling -**
 - Relationship building, termination and follow-up
3. **Skills in Counseling -**
 - **Macro Skills** - Communication skill training, motivation ability to identify problems and solution.
 - **Micro Skills** - Eye contact, attending and behaviour, non verbal communication and report observational skills, inter predation.
4. **Techniques of Counseling-**
 - **Individual Counseling-** Counseling interviews meaning, purpose, condition of interview.
 - **Group Counseling-** Meaning, purpose, importance types of group counseling.
 - Qualities and responsibilities of an interviews
5. **Area, Tools and Techniques in Guidance-**
 - Personal, Educational and Vocational guidance.
 - Tools- Cumulative record
 - Rating scale
 - Questionnaire, inventories
 - Psychological test

Techniques in guidance

- a. Observation
- b. Interview
- c. Sociometry

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Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Radio and Communication " from 3-Jan 2023. Give your name to your respective class In-charge.

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Dr. Ekta Pareek

Principal

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E. Pareek
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Radio and Communication

Duration-

December - January


2022-2023

Cordinator

Dr. Bharti Sharma

Co-cordinator

Mr. Virendra kumar


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CERTIFICATE COURSE SESSION 2022-23

Duration : 35 Hrs.

M.M. : 60

Radio Communication

Learning Outcomes

- To develop depth knowledge of radio propagation.
- To develop communication skill through radio.
- To develop the basic knowledge of radio link.
- To develop the voice modulation skill through radio.
- To develop the utilization of radio in community.

Syllabus

1. Basic Radio Awareness-

- Introduction to Radio Communications Principles.
- Radio Wave
- Probation

2. Communication -

- Meaning and Definition
- Function of Communication
- Types of Communication

3. Radio Communication -

- Medium of Sound and Voice
- Link between Speaker and listeners
- Role of Radio in Communication

4. Radio Station Analysis -

- Tapes or listening to the station via the worldwide web.
- Station Analysis Report
- **Projects** - Produce a 60 seconds and 30 seconds spot package using theme of your choice.

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Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Artshala " from 3-Jan 2023. Give your name to your respective class In-charge.


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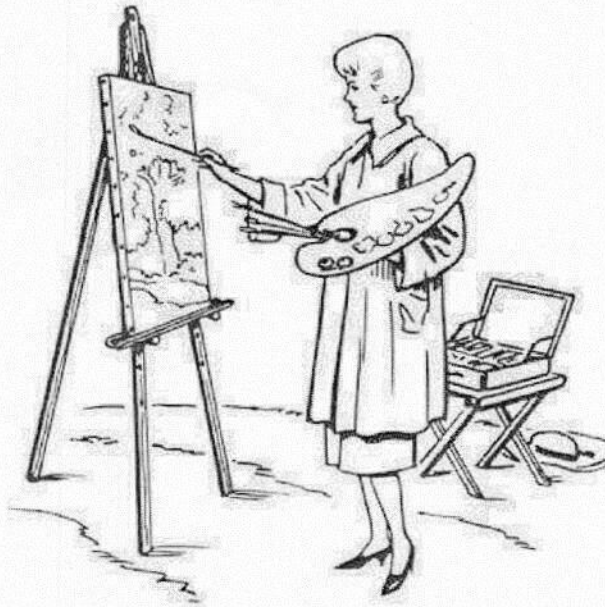
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ARTSHALA

"Paint your passion. Dive into our art course for a brush with inspiration."

Duration-

December - January

2022-2023

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Cordinator

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Co-cordinator

Mr. Virendra kumar



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ARTSHALA

SYLLABUS : 2022-23

Theory

Time Duration : 30+30

Unit-1 What is Art - Meaning, Concept Importance & its uses, Art in daily life, observation, Imagination Art and Society Art and Culture, Art and its collaboration, Art and Education

Unit-2 Various terms of Art Chitra Kala, Murthi Kala, Installation Art, Graffiti, Art nuvo, Visual Art, Meaning, Concept, History, uses in Modern Era, Modern Art, Print Making, Wall Mural, Illustration

Traditional Art - Folk Art, Ajanta Art, Tampra, Fresco, Madhuwani, Kalamkari, Dot Art, Mandala Art, Fad Chitra, PattaChitra, Miniature Painting, Gond Art

Unit-3 Elements of Art and Craft : Colour Perspective, Line, Tone, Figures, Tools : Meaning Concept, Importance, Uses, Type of Colours, Media Craft and its technique collage and its types

Unit-4 TLM - Meaning, Concept, Importance, types, proper uses of TLM Projectable - TranspieresPPT, Short Film, Non-Projection - Model - Working, Non Working Model, Uses of Sheets - Types of Sheets, Sizes, Cutters, Tharmacoll Models, Board Model, How to make TLM effective, Presentation of Working and Non-working models, Nature of TLM according to subjects.

Unit-5 Practical Work & Submission

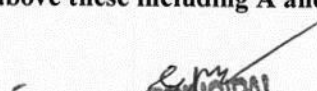
Part-A

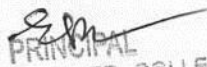
- 20 Sketches
- Any Folk Art on A3 Size sheet in any media
- Oil Painting

Part-B

- One Working Model
- One Non Working Model/2D Model

Note : Any 3 of above these including A and B.


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Certificate Course on ARTSHALA

Course Outcomes:

CO-1 Develop an understanding of the importance of arts and creativity in personal expression and cultural enrichment.


CO-2 Identify the elements and principles of art and how they contribute to artistic expression

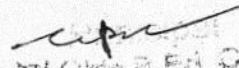
CO-3 Develop observational skills and learn to accurately depict objects, scenes, and figures through drawing.

CO-4 Cultivate creativity and self-expression through the creation of original artworks

CO-5 Participate in practical exercises and performances to develop confidence and skills in performing arts.

CO-6 Experiment with various writing exercises and prompts to stimulate creativity and imagination.


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Date: 15-12--2022

NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Certificate course in dance " from 3-Jan 2023. Give your name to your respective class In-charge.

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Dr. Ekta Pareek

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Certificate Course in Dance

Dance Your Way to Success!

Duration-
December - January,
2022-2023

Cordinator
Ms. Neelam Kumari

Co-cordinator
Ms. Pinky Saini

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Certificate Course on Dance

2022-2023

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
CD-01	Dance	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

General perspective of Dance and its Methodology.

Unit II

Methodology specific to the area of Bharatanatyam.

Unit III

General information and informatics to the area of Bharatanatyam.

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Biyani Girls B.Ed. College

Programme: B.Ed. Second Year

Course Name: Certificate course in dance

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To understand fundamental dance technique such as posture, alignment, balance, coordination, and rhythm.	1
CO2	To understand the different paradigm of dance. To understand the different types of dance.	2
CO3	To Learn choreography principles and techniques for instance composition, spatial arrangement, transitions, musicality.	3
CO4	To Analyze the cultural diversity of dance traditions and styles.	4

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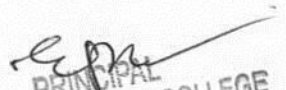
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Date: 15-12--2022

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All the students are hereby informed that Institute is going to introduce Value added course entitled “Basics of Dramaics “ from 3-Jan 2023. Give your name to your respective class In-charge.

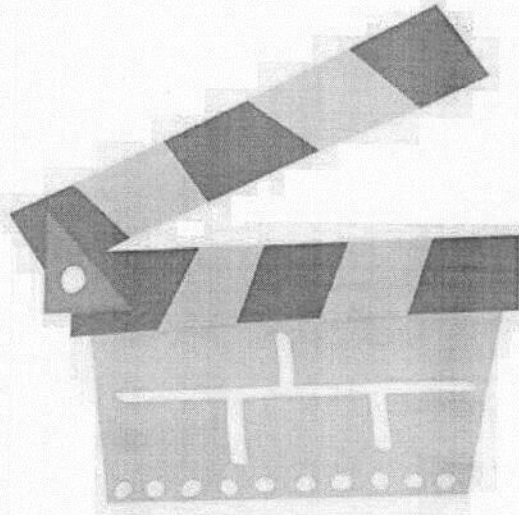

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Basics of Dramatics

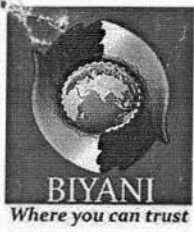
Unleash Your Acting Potential!

Duration-
December - January
2022-2023

Cordinator
Ms. Neelam Kumari

Co-cordinator
Ms. Pinky Saini

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Certificate Course on Basics of Dramatics 2022-2023

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
BD01	Basics of Dramatics	35 Hrs.	50 Marks.

Note: This certificate course is divided into three units. Two questions will be set from each unit. Students are required to attempt three questions in all taking one question from each unit. Each unit carries equal marks.

Unit I

Introduction to The Form of Drama

A. Drama as an integrated and inter – disciplinary art form. Drama & Religion, Drama & other arts. Drama and other forms of literature: Drama & Novel, Drama & Poetry.

B. Elements of Drama:

1. Western – Theme, Plot, Character, Diction etc.
2. Indian – Vastu, Gana, Abhinaya, Rasa.

Unit II

Various forms of Drama

A. Various forms of western drama - Tragedy, Comedy, Melodrama,

B. Farce, Tragic-comedy Greek Tragedy and Comedy.

Unit III


Introduction to Regional Theatre- Gujarati

A. A study of origin, development and fall of old Professional Gujarati Theatre.

B. Study of any play of the masters of the Golden era of Old Professional Gujarati Theatre.

References:-

- Theory of Drama by A.Nicoll; Natya Kala by Dhirubhai Thakar; Natya lekhan by Dhananjay Thakar;
- Natak desh videsman by Hasmukh Baradi; Gujarati theatre no Itihas by Baradi Hasmukh
- Gujrati natak by Satish Vyas; Sanskrit Natya Siddhant by Ramakant aTripathi
- Hindi Natak Udbhav aur Vikas by Dr.Dashrath Oza


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Biyani Girls B.Ed. College

Programme: B.Ed

Course Name: Basic of Dramatics

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To get acquainted with the Meaning, Basic concepts, purpose and significance of Dramatics.	1
CO2	To understand the different paradigm of dramatics. To Understand dramatic elements such as plot, character, setting, dialogue, and theme.	2
CO3	To Develop performance skills like Characterization, emotional expression, ensemble work and explore dramatic forms known as tragedy, comedy, farce, melodrama, etc.	3
CO4	To analyze dramatic techniques for instance staging, blocking, movement, voice, and gesture.	4
CO5	To evaluate dramatic texts for example plays, scripts, screenplays, interpreting themes and cultural contexts.	5
CO6	To Create and direct performances like Collaborat to produce compelling theatrical experiences.	6

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BIYANI GIRLS B.ED. COLLEGE

Date: 15-12--2022

NOTICE


All the students are hereby informed that Institute is going to introduce Value added course entitled "Basics of Martial Arts " from 3-Jan 2023. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

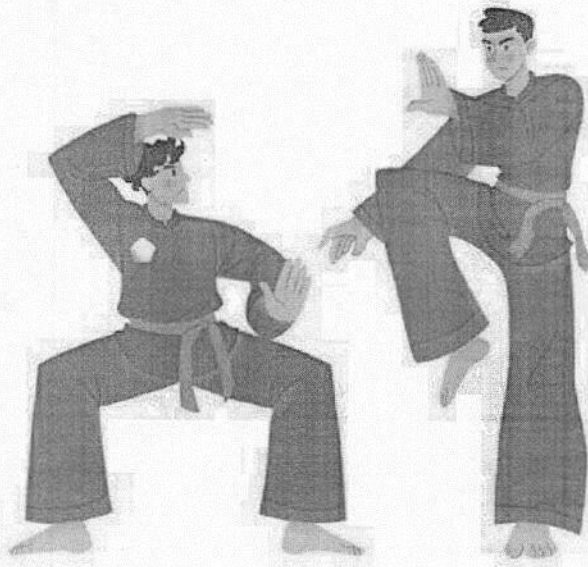
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Basics of Martial Arts

Duration-
December - January
2022-2023

En
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Cordinator
Mr. Rajendra Singh
Shekhawat

Co-cordinator
Ms. Shweta Jain



BIYANI GIRLS B.ED COLLEGE, JAIPUR

Certificate Course on Basic of Martial Art 2022-2023

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
BMA03	Basic of Martial Art	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I KARATE-DO

- Feet together, close toe stance
- Feet together, open toe stance
- Parallel stance
- Haiko Dachi toe inward
- Haiko Dachi toe outward
- Square stance (sitting on Horse stance toe outward)
- Forward short stance
- Forward long stance
- Back stance
- Cat stance
- L stance, heel on one line
- Crossed leg stance
- One leg - Crane Stance
- Uchihachiji Dachi one step forward
- Forward parallel stance

Unit II Kicks

- Front Knee attack
- Jump Knee attack
- Side, knife edge, lower area (knee level) kick
- Roundhouse, instep, middle area kick
- Crescent Kick
- Half Round (hook)
- Jump Half Round
- Back Round (hook)
- Jump Spinning Round (hook)
- Side, knife edge, middle area kick
- Jumping Side Kick
- Front Kick

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- Jumping Front Kick
- Back Thrust
- Jumping Back Thrust
- Front and roundhouse kick.


Unit III Blocks

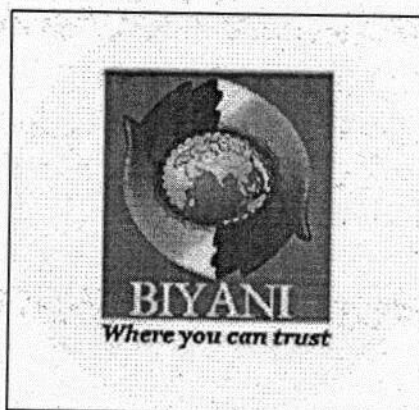
- Rising block
- Upper Block
- Forearm inward block
- forearm outward block
- Two arm circle block
- Crossed arms block
- Back of hand block
- Wrist block
- Inside out, circle block with knife edge of hand
- Forearm outward side block
- Middle area downward
- Palm heel block
- Elbow block
- Sword hand block
- Downward block (when standing)

References:-

- Zen in the Martial Arts (Paperback)
by Joe Hyams
- Taekkyeon: Creation, History and Evolution
by Len Losik
- Principles-Based Instruction for Self-Defense
by Rory Miller
- Meditations on Violence: A Comparison of Martial Arts Training & Real World Violence
by Rory Miller
- Taekwondo: A Practical Guide to the World's Most Popular Martial Art
by Bill Pottle
- You Have Infinite Power: Ultimate Success through Energy, Passion, Purpose the Principles
of Taekwondo by Chris Berlow


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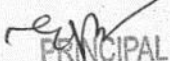


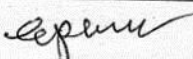
Biyani Girls B.Ed. College

Programme: B.Ed

Course Name: Basic of Martial Arts

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To Understand Martial Arts principles, philosophies, and historical development.	1
CO2	To understand the different paradigm of Martial Arts. To understand the different forms of Martial Arts. To Understand the challenges during Martial Arts training.	2
CO3	To apply Martial Arts principles to enhance confidence and assertiveness in various life situations.	3
CO4	To Learn and practice basic Martial Arts techniques, including stances, strikes, blocks, kicks, and forms.	4
CO5	To explore the cultural and ethical aspects of Martial Arts traditions and develop practical self-defense skills and strategies for personal safety.	5
CO6	To cultivate discipline, focus, self-control, and mental resilience.	6


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BIYANI GIRLS B.ED. COLLEGE

Date: 15-12--2022


NOTICE

All the students are hereby informed that Institute is going to introduce Value added course entitled "Memory enhancement Programme " from 3-Jan 2023. Give your name to your respective class In-charge.


Dr. Ekta Pareek

Principal

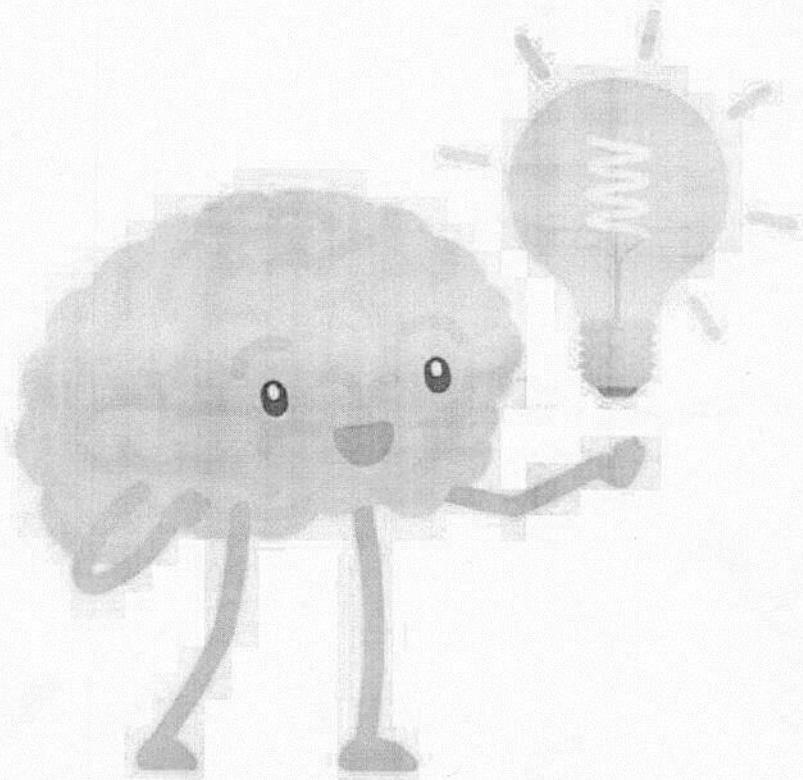
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Memory Enhancement Program

Duration-
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2022-2023


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BIYANI GIRLS B.ED. COLLEGE, JAIPUR

Certificate Course on Memory Enhancement Programme

Teaching Scheme:

3 Hours per week

Examination Scheme:

Paper Code.	Paper Name	Duration	Max. Marks
MEP02	Memory Enhancement Programme	35 Hrs.	50 Marks.

Note: This certificate course is divided into three Units. Two questions will be set from each Unit. Students are required to attempt three questions in all taking one question from each Unit. Each Unit carries equal marks.

Unit I

A Introduction to the Memory

- What Are The Different Types Of Memory Systems
- Our Eidetic Memory System
- The Effectiveness And Importance Of Our Visual Memory
- What Is Our Short Term Memory
- What Is Our Long Term Memory

Unit II

The Ultimate Formulas and systems to Improve your Memory and Cognitive Ability

- The Ultimate Memory Optimization System: Mnemonic Devices
- Tip Of My Tongue - A Recalling System
- The Peg System And Formula For Memory Improvement
- Cramming As A Detrimental System To Our Memory
- Event Based Memory Formula
- Using Effective Memory Improvement Tools
- Using Imagery And Shapes To Enhance Our Memory
- The Effect Of Learning On Our Memory System
- Linguistic Programming For Memory Improvement

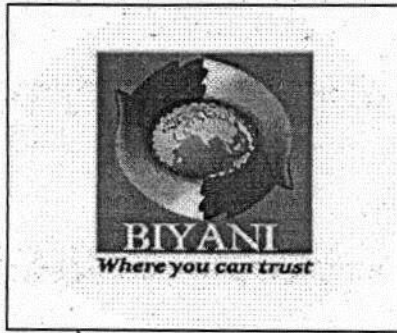
Unit III

Improving and optimizing our Memory, Storage, and Recalling Ability

- What Kind Of Food Can Harm Our Memory?
- What To Eat To Improve Your Memory
- Creativity And Its Link To Our Memory
- The Benefits Of Mindfulness And Cognitive Clearance
- Musical Therapy For Memory Stimulation

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Programme: B.Ed

Course Name: Memory enhancement program

CO	Course Outcomes	Bloom's Level
	Students will be able	
CO1	To Understand memory processes like encoding, storage, and retrieval.	1
CO2	To understand the different paradigm of memory enhancement. To understand the different types of memory. To Understand the challenges during memory enhancement	2
CO3	To Apply memory techniques to academic tasks for instance remembering information, retaining course content.	3
CO4	To Analyze memory enhancement strategies known as mnemonic devices, visualization, rehearsal, chunking.	4
CO5	To evaluate memory performance, Identify strengths and weaknesses, implement	5
CO6	To Improve study skills, time management, organization, active engagement, self-testing.	6

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