



Where you can trust

उजास

# NEWS LETTER

## BIYANI GIRLS B.Ed. COLLEGE

Sector-3, Vidhyadhar Nagar, Jaipur



### MINDSET @ CAREER

Sometimes, in spite of having the same family environment, some children differ in their mindset. Especially, in the age group of 10-20 years, the maximum probability of development of mindset is found. And so, parents and teachers should make maximum utilization of this time period as after 20 years, age grasping and learning capability is reduced.

#### What is mindset in real terms?

God has blessed everyone with a unique mindset. Everybody possesses a different & unique mindset. Mindset is actually a combination of different thoughts in a unique manner with feelings which are reflected in our actions.

#### How important is a particular mindset for a successful career?

Of course, it is right that a specific mindset is compulsory for a successful career. For example in Japan people address by saying "arigato gojayi mass", in London people address by saying "Have a nice day" and in India we address each other with folded hands and say "Namaskar". That shows globally there is variation in attitude and hence difference in mindset.

In terms of career, there is also a major role of mindset. For example two students of the same class can show different patterns of behavior due to their unique mindsets. If they both fail, one of them will accept it by stating that there was lack of hard work and

preparation from his side and so he failed whereas the other may keep on cursing and blaming others along with his own luck for the same. On the roads, we have often seen people wearing helmets while driving but some wear due to the fear of traffic police and some to keep themselves safe and being civilized citizens it is our duty to do so. Hence it proves that perception and one's mindset is unique and varies from person to person.

#### Which mindset has to be adopted for a successful and bright career?

If we analyze minutely, some students' focus on conceptual detailing while studying. Their mind is clear with the line of action to be followed and the requisite method to be adopted for learning whereas other students prefer to cram things rather than understanding the same.

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### Ways to make your Group Discussion effective



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#### What is Group Discussion?

Group Discussion is a tool generally used by B-schools and corporate to judge the personality traits and soft skills of a candidate. In this technique, a group of candidates is given a topic or a situation for discussion by the moderator. They are allowed a few minutes to think about the same or make notes. An ideal group discussion last for 20 to 25 minutes.

#### Why Group Discussion?

The traits like communication skills, creativity skills, leadership qualities, thinking abilities, interpersonal skills, assertiveness, analytical or logical skills, initiative, team building skills, flexibility, reasoning ability, reasoning ability etc. are generally looked by the recruiter in an aspiring candidate through this technique.

#### Preparation before GD

The candidates should research the possible topics by reading newspapers, Journals, Television news, books, articles etc., Improve on communication skills and have an in-depth knowledge of current affairs, worldwide. The candidate should be formally dressed and should avoid wearing very colourful clothes. He/she should be in a formal western suit or single colour salwar-kameez with formal sandals or ballerinas. Hair should be properly tied in a ponytail or a bun so that they do not distract you or others while speaking. Avoid fiddling with your hair. One should try and reach the venue 15 minutes earlier so as to get acclimatized to the place and people and at the same time be able to find the optimum place for sitting in a GD. This will help the candidate to register her/his presence properly.

#### Body language

The candidate should be attentive, assertive and alert so as to show her/his interest, seriousness and commitment. Make proper eye contact with all the team members and should not look towards or address the moderator while speaking. You should make controlled and modest hand gestures else they can distract other people or may look offending. Do not point your finger on anyone or make aggressive gestures.



### Tips to Ace Your Group Discussion

Maintain eye contact with team members and not evaluators. They're not a part of the discussion. Ensure that you get to speak your point, if the other members hear you, the evaluators will too.

Having said that, ensure that you listen as well and appreciate what others are saying. If you do not agree with someone's point, let them complete and then raise your objection. Do not interrupt.

# Major Sections and Points

## -Dale Carnegie



This section was included in the original 1936 edition as a single page list, which preceded the main content of the book, showing a prospective reader what to expect from it. The 1981 edition omits points 6 to 8 and 11.

1. Get you out of a mental rut, give you new thoughts, new visions, new ambitions.
2. Enable you to make friends quickly and easily.
3. Increase your popularity.
4. Help you to win people to your way of thinking.
5. Increase your influence, your prestige, your ability to get things done.
6. Enable you to win new clients, new customers.
7. Increase your earning power.
8. Make you a better salesman, a better executive.
9. Help you to handle complaints, avoid arguments, keep your human contacts smooth and pleasant.
10. Make you a better speaker, a more entertaining conversationalist.
11. Make the principles of psychology easy for you to apply in your daily contacts.
12. Help you to arouse enthusiasm among your associates.

# And was he dissenting against democracy ? - Plato



in Plato's writings are debates concerning the best possible form of government, featuring adherents of aristocracy, democracy, monarchy as well as other issues. A central theme is the conflict between nature and convention, concerning the role of heredity and the environment on human intelligence and personality long before the modern "nature versus nurture" debate began in the time of Thomas Hobbes and John Locke, with its modern continuation in such controversial works as *The Mismeasure of Man* and *The Bell Curve*.

Another key distinction and theme in the Platonic corpus is the dichotomy between knowledge and opinion, which foreshadow modern debates between David Hume and Immanuel Kant, and has been taken up by postmodernists and their opponents, more commonly as the distinction between the 'objective' and the 'subjective'.

Even the story of the lost city or continent of Atlantis came to us as an illustrative story told by Plato in his *Timaeus* and *Critias*.

Plato wrote mainly in the form known as dialogue. In the early dialogues, several characters discuss a topic by asking questions of one another. Socrates figures prominently, and a lively, more disorganized form of elenchos/dialectic is present; these are called *The Socratic Dialogues*. Yes, he was dissenting against democracy. It's very hard for us to recapture how radical this was. Athens was the first democracy at this time — there are others, but it's the most powerful. It has these moments of inner turmoil, the oligarchic coups I mentioned earlier, arising from tensions of internal politics exacerbated by fighting a war against Sparta and her allies that Athens eventually lost. This is the first regime in which the majority of common people — people who are poor and may not own any property, who are maybe artisans or tenant farmers — actually have political power. To win success in politics you have to speak in terms that they are going to approve of, as members of the assembly and popular juries. That leads to a certain idea of what knowledge is, or what power is, what one should aim at. That's what Plato, and others like him, were criticising.



# कार्यक्रम सत्र : 2016-17

विश्व जनसंख्या दिवस (11 जुलाई 2016) :

विश्व जनसंख्या दिवस पर पोस्टर, वाद-विवाद व निबंध प्रतियोगिताओं का आयोजन किया गया।



स्वतंत्रता दिवस 15 अगस्त 2016 : बियानी गर्ल्स वी.एड. कॉलेज में प्रातः 7.30 बजे माननीय मुख्य अतिथि जनरल मानदाता सिंह जी के द्वारा ध्वजारोहण किया गया। इसके बाद उत्सव सभागार में प्रशिक्षणार्थियों ने रंगारंग प्रस्तुतियाँ दी।

अन्तर्राष्ट्रीय शिक्षक दिवस 5 सितम्बर 2016 : बियानी गर्ल्स वी.एड. कॉलेज में शिक्षक दिवस मनाया गया जिसमें वी.एड., एम.एड. के प्रशिक्षणार्थियों ने अध्यापकों का स्वागत किया व कई मनोरंजक कार्यक्रमों का आयोजन किया।



डाडिया महोत्सव : बियानी गर्ल्स वी.एड. कॉलेज में डाडिया महोत्सव - 2016 का आयोजन किया गया व सभी विभागों द्वारा रंगारंग प्रस्तुतियाँ दी गई।





# कार्यक्रम सत्र : 2016-17

**बाल दिवस (14 नवम्बर 2016) :** बाल दिवस के अवसर पर बी.एड. व एम.एड. प्रशिक्षणार्थियों ने विभिन्न प्रस्तुतियाँ दी।

**मानव अधिकार दिवस (10 दिसम्बर 2016) :** इस दिन निबंध लेखन व पोस्टर प्रतियोगिता का आयोजन किया गया।

**बियानी गर्ल्स बी.एड. कॉलेज में अन्तर सदनिय प्रतियोगिताओं का आयोजन किया गया 21 - 23 दिसम्बर 2016।**



**गणतंत्र दिवस (26 जनवरी 2017) :** गणतंत्र दिवस के अवसर पर सांस्कृतिक कार्यक्रमों का आयोजन किया गया एवं माननीय महापौर श्री अशोक लाहोटी जी के द्वारा झण्डारोहण किया गया।

**वसंत पंचमी 3 फरवरी 2017:** बियानी गर्ल्स बी.एड. कॉलेज में वसंत पंचमी उत्सव मनाया गया और प्राचार्या डॉ. एकता पारीक ने प्रशिक्षणार्थियों को संबोधित किया।

**8 मार्च 2017:** बियानी गर्ल्स बी.एड. कॉलेज में अन्तराष्ट्रीय महिला दिवस मनाया गया एवं कॉलेज की माननीया प्रोफेसर को कॉलेज के चैयरमैन के द्वारा सम्मानित किया गया।



**होली उत्सव 11 मार्च 2017:** बियानी गर्ल्स बी.एड. कॉलेज में होली उत्सव मनाया गया

**क्षेत्रीय भ्रमण :** बियानी गर्ल्स बी.एड. कॉलेज के प्रशिक्षणार्थियों को अजमेर, पुष्कर व नारोली भ्रमण पर ले जाया गया।

